

PERSONALITY

SUPEREGO

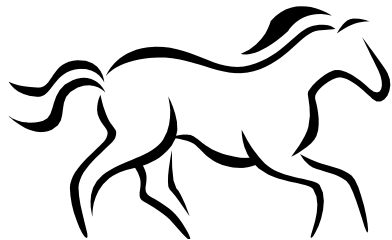
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graph TD; S[SUPEREGO] --> ID[ID]; E[EGO] --> ID;
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EGO

ID

One might compare the relation of the **ego** to the **id** with that between a rider and his horse. The horse provides the locomotor energy, and the rider has the prerogative of determining the goal and of guiding the movements of his powerful mount towards it. But all too often in the relations between the **ego** and the **id** we find a picture of the less ideal situation in which the rider is obliged to guide his horse in the direction in which it itself wants to go.

Sigmund Freud
(1932)



ego defense mechanisms

◆ **Repression**

◆ **Rationalization**

◆ **Reaction Formation**

◆ **Displacement**

◆ **Projection**

◆ **Sublimation**

oral phase

- ⇒ The child derives pleasure from putting things in his or her mouth
- ⇒ nursing is the focus of this stage
- ⇒ adults who became fixated at this stage either become overly gullible or overly sarcastic

anal phase

- ⇒ The child derives pleasure from excretory functions
- ⇒ potty training is the focus of this stage
- ⇒ adults who became fixated at this stage either become excessively neat or overly messy (anal-retentive or anal-expulsive)

phallic phase

- ⇒ The child derives pleasure from his or her genital area
- ⇒ This is disturbing to parents
- ⇒ It leads to a conflict between child and parent known as the Oedipal Complex (or Antigone Complex)

latent phase

- ➔ during this phase the child becomes somewhat asexual (possibly in reaction to castration anxiety)
- ➔ they repress their sexual desires (sublimation)

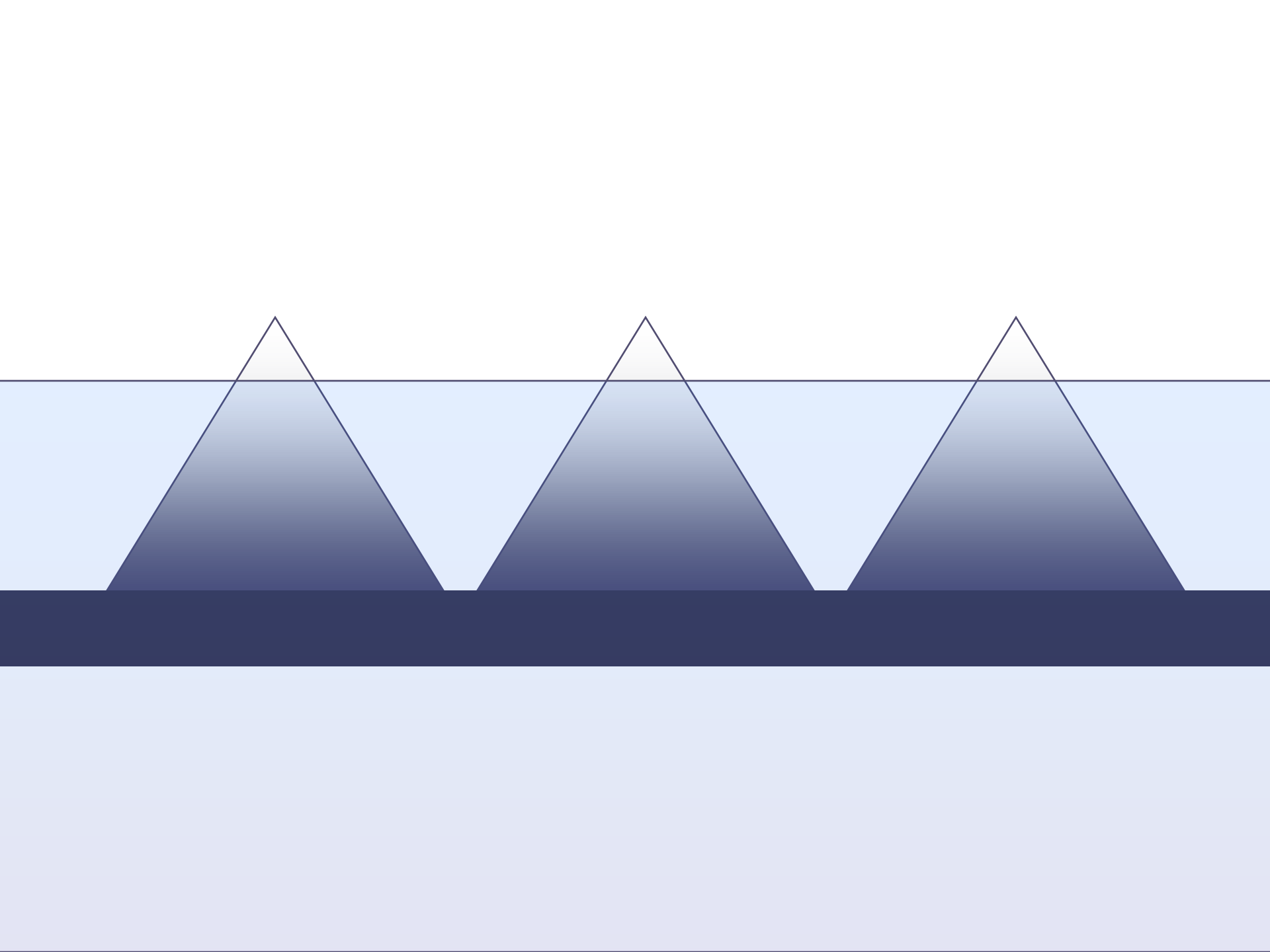
genital phase

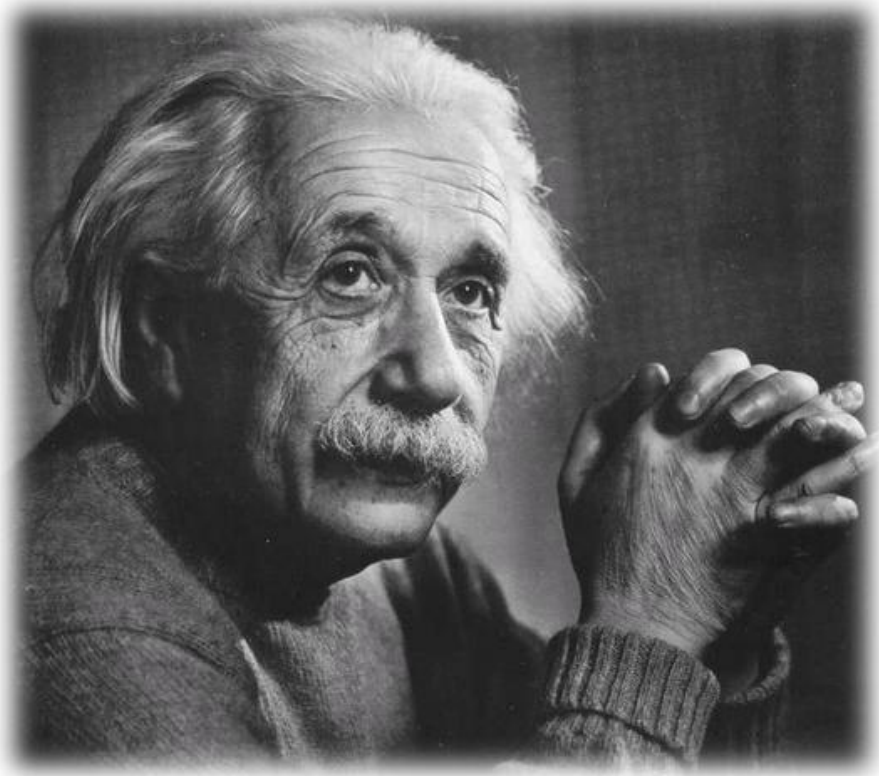
- ⇒ here the individual comes out of the latent period (onset of puberty)
- ⇒ shift sexual desire to non-parental members of the opposite sex

“In addition to the purely personal unconscious hypothesized by Freud, a deeper unconscious level is felt to exist.”

“The deeper layers of the psyche lose their individual uniqueness...they become increasingly collective until they are universalized.”

Carl Jung





A human being is part of a whole, called by us the Universe, a part limited in time and space. He experiences himself, his thoughts and feelings, as something separated from the rest a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest us. Our task must be to free ourselves from this prison by widening our circles of compassion to embrace all living creatures and the whole of nature in its beauty.

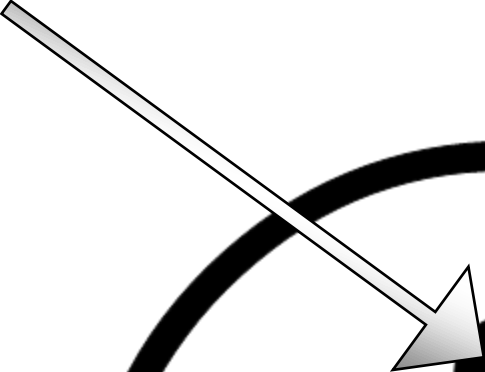
Albert Einstein

Archetype

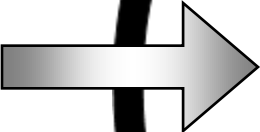
- an inherited idea or mode of thought that is present in the unconscious of the individual

**inherited
schema**

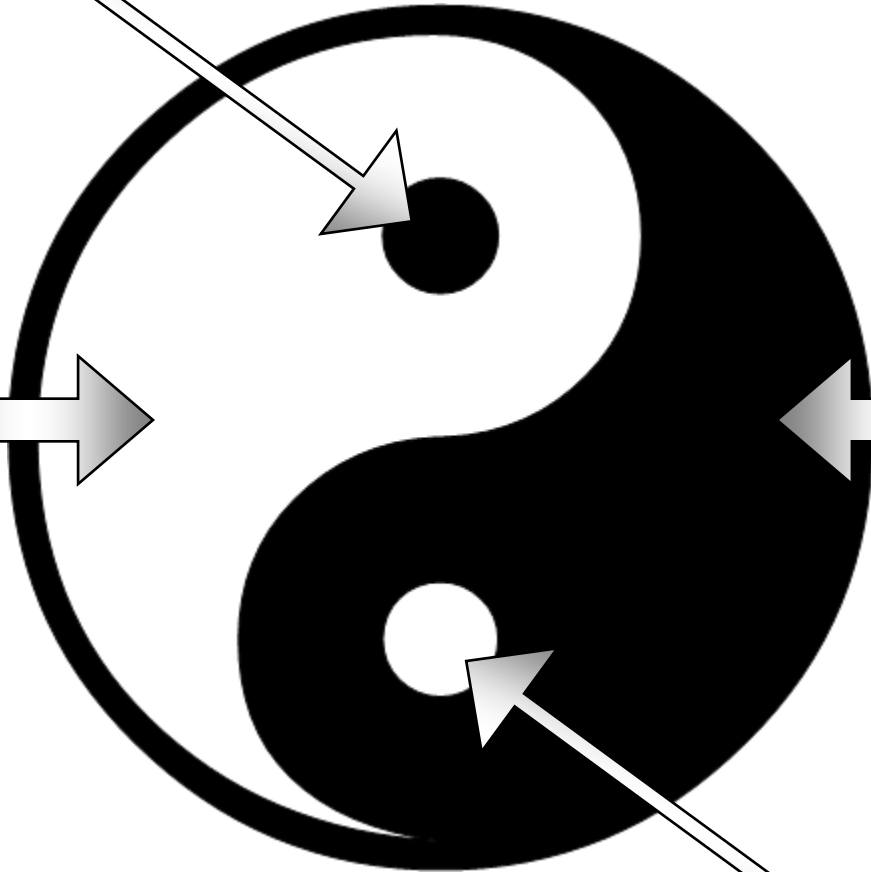
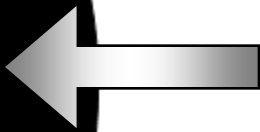
anima



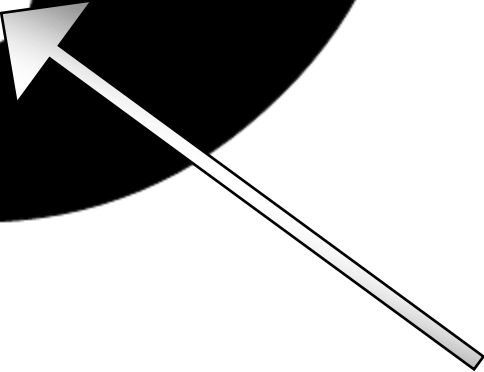
YANG



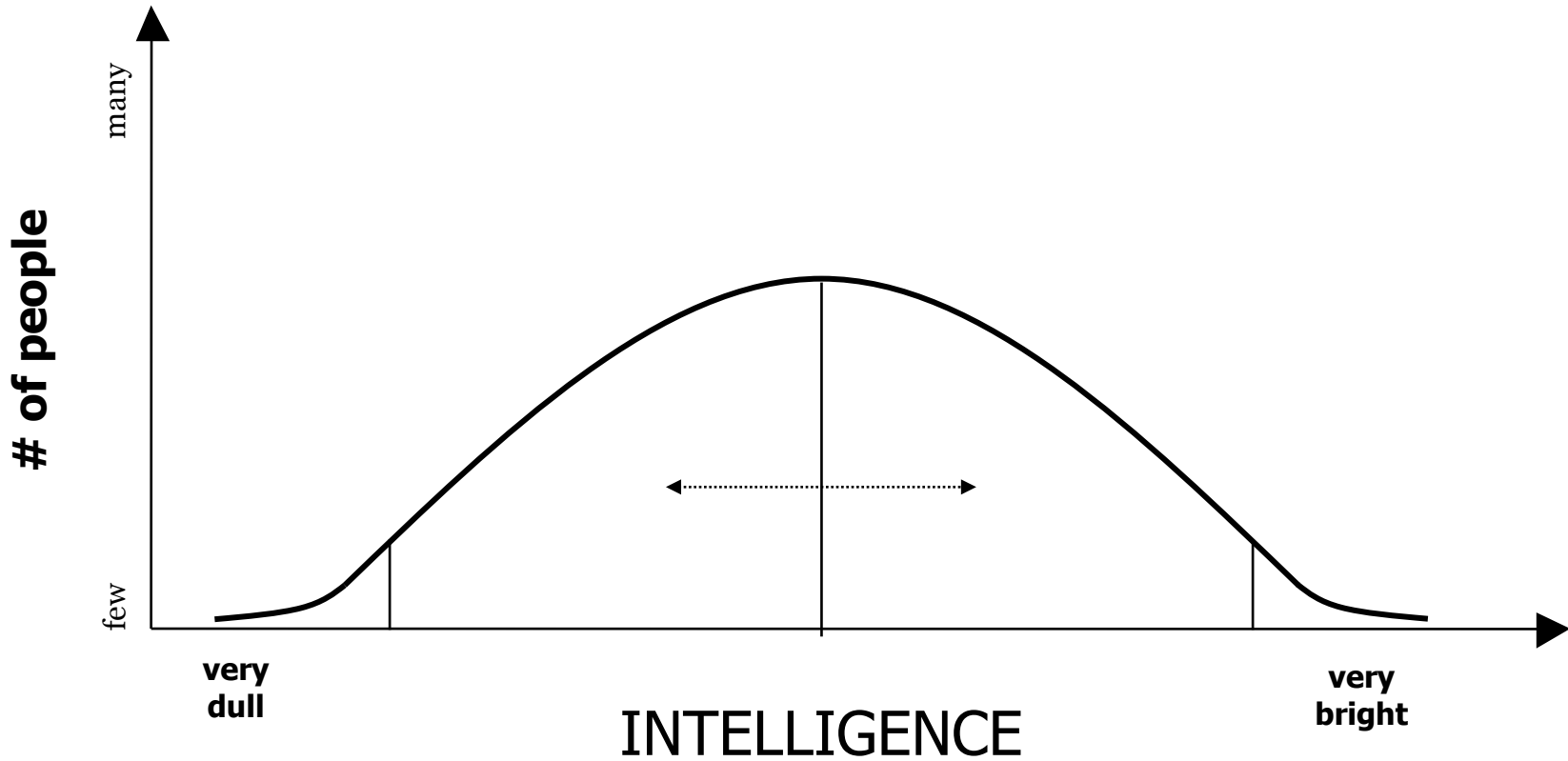
YIN



animus



Trait - relatively stable characteristic
that predisposes a person to
act in certain ways



Gordon Allport

- ❖ Began with list of 18,000+ traits
- ❖ Reduced to 4,500 trait terms
- ❖ Noted that traits are bi-polar

Raymond Cattell

- ❖ Reduced Allport's 4,500 traits to 171
- ❖ Further reduced these 171 to 16 clusters
- ❖ 16 Personality Factors

the **BIG FIVE**

Openness to Experience

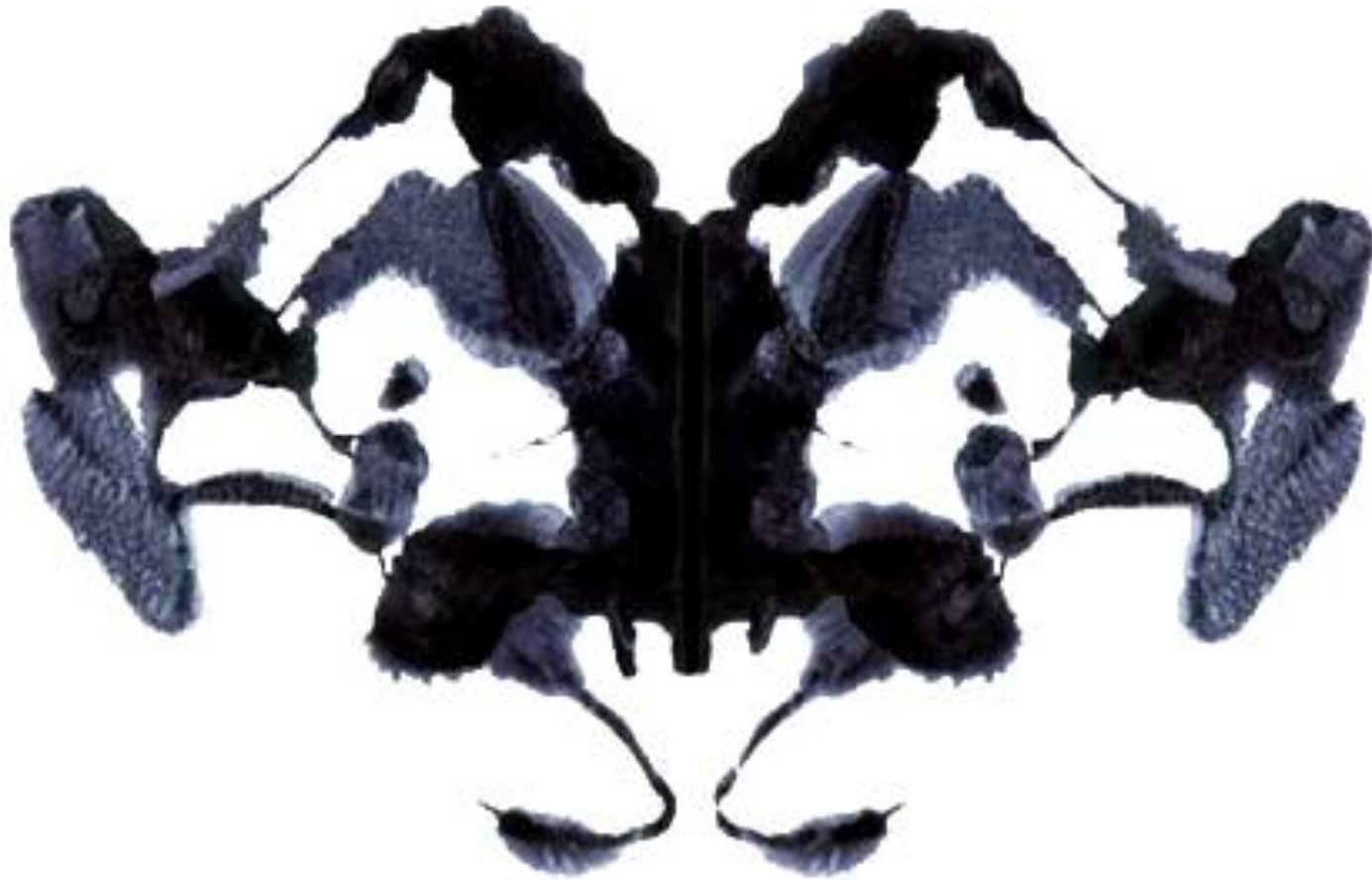
Conscientiousness

Extroversion

Agreeableness

Neuroticism

Rorschach Test



Thematic Apperception Test (TAT)

